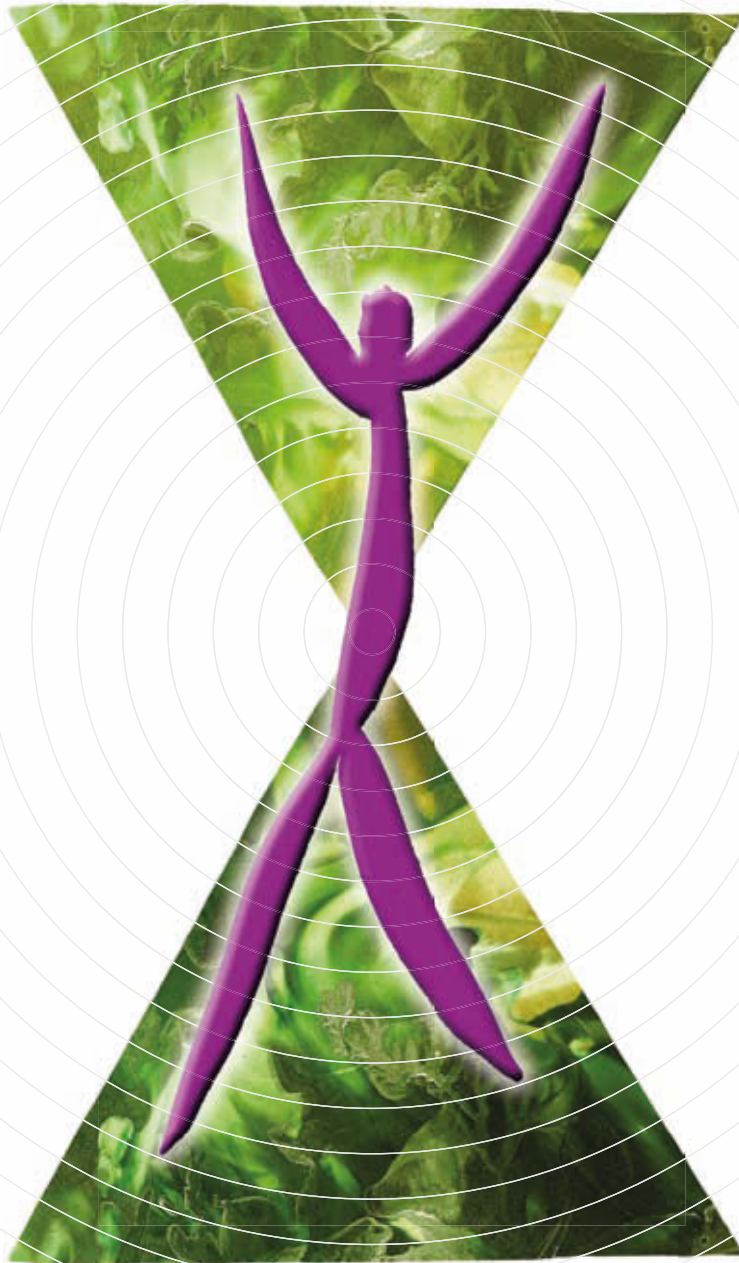


YodTum!

School of Natural Leadership

the Voyage of Discovery

to natural leadership



Firmament

For Whom?

For everyone who dares look themselves in the eye ... and into their soul.
For those who want to know what their unique significance is, their life's purpose.
For those who want to sparkle. Who want to live by what really drives and fulfils.
And, for those who want to know how to bring out the best in themselves; how to inspire themselves and others, by being just who they are.

Empowering Training courses

*The paths are different,
the destination the same*

Our intensive training courses bring everyone's natural leadership to the surface. The focus differs but applying your natural leadership in your day to day life is the focal point. Every course starts with an individual YodTum Day: an in-depth self-investigation into your own natural leadership. Exciting, sometimes confronting; but always empowering and inspiring!

- the Expedition to natural leadership

Intensive leadership program which focuses on work and a powerful interaction between training sessions and one's own working environment.
Group course of 12 days + Out of the Box project. Costs: € 7.200 (excl. VAT)

- the Voyage of discovery to natural leadership

Intensive training course which focuses on effectuating your natural leadership in your life.
Group course of 7 days + Out of the Box project. Costs: € 4.700 (excl. VAT)

- the Team voyage to natural leadership

This course strengthens the synergies for teams who want to inspire each member's natural leadership capability for the benefit of the group result.
Tailored team course of 6-12 days + team project.

- the Individual journey to natural leadership

YodTum Day: an empowering self-investigation supervised by a YodTum coach. You will obtain your personal compass to natural leadership.
 Follow up coaching: coaching on how to put this into effect.
Individual YodTum Day. Costs: € 1.150 (excl VAT)
Personal coaching of 6 x 1½ hours. Costs: € 1.620 (excl VAT)

You can find our training brochures on www.yodtum.nl or call us regarding tailored courses.

Natural leadership

The Inspiration

In your natural leadership you inspire yourself and others naturally, just by being yourself. Your personal source of inspiration leads you to your greatest desire; that what makes your life meaningful. The inner power that results from this urges you on. You already carry this within you, you simply aren't aware of it yet.

YodTum! The compass

YodTum is the instrument that leads you in a clear, structured self-investigation to your natural leadership. You will learn what it is that actually drives and fulfils you. What your unique, inner power is and how you can put this to use to inspire yourself and others. You will also discover your survival strategy that successfully keeps you upright in life but eventually never completely satisfies...



The 5 principles

- Clarity of intention
- Freedom of choice
- Face everything, avoid nothing
- Don't take it personally
- Act for the good of the whole

YodTum! The book

The YodTum instrument was developed by Yolanda Dol. Based on 10 years of successful YodTum coaching and training courses, she wrote this book about the workings of this empowering instrument. Order this book from www.yodtum.nl

the Voyage of Discovery to natural leadership

An intensive training program to actualize your natural leadership in your life.

Intention and Content

Each participant starts with an individual YodTum Day during which they gain insight into their personal natural leadership and their survival strategy. With this compass in hand, the focus of the three training modules is on developing the participant's natural leadership in his/her daily life. Each from a specific context.

Module 1: Me and my inspiration. Do I live as I am and do I feel fulfilled and inspired?

Module 2: Me and my environment. How do I show my natural leadership to those near to me?

Module 3: Me and society. What is my impact, my meaning in society?

Integration afternoon. A plan, focus and celebration of everyone's natural leadership.

Parallel to the program, everyone's natural leadership is given form by the individually chosen Out of the Box project. During individual coaching sessions, the participants have the opportunity for self-reflection and focusing on their development areas. The mutual exchange amongst the participants during peer counselling and during the training modules work to inspire and empower.



Discovery Dates

Start: Autumn 2012

Module 1: 2-3 October 2012

Module 2: 13 December 2012

Module 3: 20 March 2013

Integration afternoon:

23 May 2013

Start: Spring 2013

Module 1: 12-13 March 2013

Module 2: 11 June 2013

Module 3: 2 October 2013

Integration afternoon:

9 December 2013

Start: Autumn 2013

Module 1: 30-31 October 2013

Module 2: 18 December 2013

Module 3: 26 March 2014

Integration day: 12 June 2014

The dates for the **YodTum Day** and **individual coaching** will be further adapted.

Turnaround: 9 months

Number of participants: 8 - 12

Costs: € 4.700

(excl. VAT and accommodation)

The Destination

At the end of the program the participants will have:

- Insight into their natural leadership role and the significance of this for their environment and in society;
- Experience with advanced concepts regarding guiding personal change processes;
- Inspired themselves and others with their natural leadership in the Out of the Box project;
- Experienced the inspiration of their natural leadership and started to put this to practice in their lives;
- Made those around them aware of what they stand for;
- An approach to implement their natural leadership in their daily lives.



Meet the Trainers

The trainers of The Voyage of Discovery to natural leadership each have their own field of expertise, are authentic and share the intension to give people the opportunity to shine as much as the inspiring personalities they already are on the inside.

Chris van de Velde

Integral reflector

Philosopher

Affective counsellor

Chris van de Velde studied philosophy at Gent University and has had a practise in training/coaching since 1988. He developed a professional course in counselling at the Netherlands Academy for Psychotherapy where he also taught. For companies his passion is: stimulating natural and charismatic leadership in people. Chris's allies are: humour, depth, informality and an inspiring amount of knowledge and expertise. Because of this, people feel acknowledged and understood and are able to gain surprising insights and effectively work on their development points. And especially: be themselves together with others.



Andrea Henning

Essentialist

Reckless dreamer

Globe trotter

Andrea Henning is originally master of agricultural science. She is a pragmatic optimist with big dreams of which many have become reality. She has a keen eye for seeing where people stand in their process and what their next step could be. As no other, Andrea stimulates people to discover their authenticity and to create their lives from what drives them from deep within. In team courses she makes sure that all hands are on deck and strives for results that make everyone want to get out of bed in the morning! Andrea is enthusiastic and gets to the heart of the matter. Tangible results, awareness and taking your own responsibility are her focal points.



Erica Rijnsburger

Meaning-giver

Happy note

Change initiator

Erica Rijnsburger worked for more than 10 years for BCO/Origin. She set up the Management of Change unit and developed a change management approach. In 2001 she started as independent coach and management consultant in the fields of change management, personal development, teambuilding and leadership. Erica has studied how, why and when people learn and develop themselves. During her training and coaching sessions she uses an interesting variation of creative and immediately applicable interventions to give people more insight into themselves and their environment. As a result of this people are less afraid to take the responsibility of solving problems and taking their own initiatives.



Contact!

Moved, curious or ready to take a step beyond?

We look forward to hearing what we can do for you or your organisation.

YodTum!

School of Natural Leadership
is part of Firmament.

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